



Karen Elaine Helms

September 10, 1957 - November 8, 2019

Karen Elaine Bauman Helms, Major, U.S. Air Force, retired, 62, of Newnan passed away Friday, November 8, 2019 at Brightmoor Hospice. She was born September 10, 1957 in Orlando, FL to the late Paul & Rose Bauman.

In 1979, Karen graduated from the University of Alabama and was commissioned as a Second Lieutenant in the US Air Force Nurse Corps. Her first duty assignment was a clinical nurse, 4th Tactical Hospital, 4th Tactical Fighter Wing, Seymour Johnson Air Force Base, North Carolina. In 1986, Karen was reassigned as an individual mobility augmentee to the 9019th Air Reserve Squadron and assigned to the Tactical Hospital, 48th Tactical Fighter Wing, RAF Lakenheath, East Anglia, United Kingdom. She also served the 89th Medical Group, Andrews AFB, Washington, DC. In 1990, Karen was mobilized during Operation Desert Storm in Iraq where she was assigned as a nurse at an aero medical evacuation center to treat wounded warriors returning from the theater of operations. Her last assignment was the 94th Airlift Wing, Dobbins Air Reserve Base, Georgia. After 20 years of honorable service, Karen retired from the United States Air Force Reserves with the rank of Major. Karen also cared for numerous patients during her time as a Nurse at Piedmont Newnan Hospital.

The visitation is Sunday evening, November 17, 2019 between 5:00-7:00 at McKoon Funeral Home, 38 Jackson Street, Newnan. The graveside service,

with military honors, is Monday, November 18, 2019 at 10:00 a.m. at Georgia National Cemetery, 1080 Scott Hudgens Drive, Canton, GA 30114 with Rev. Don Helms officiating. Rather than flowers, the family respectfully requests memorial contributions to the Newnan-Coweta Humane Society, 608 Highway 29 N, Newnan, GA 30263 or <https://www.nchsrescue.org/>

Condolences can be expressed online at www.mckoon.com

Survivors include daughters, Paula Marie Helms, Laura Michele Helms; siblings, Michael Bauman, Deborah Lu; beloved pets, Hunter, Brewster, Sadie, Smokey, Oreo, Miracle and Chloe.

McKoon Funeral Home & Crematory (770) 253-4580

Cemetery Details

Georgia National Cemetery

1080 Scott Hudgens Drive
Canton, GA 30114

Previous Events

Visitation

NOV **17**. 5:00 PM - 7:00 PM (ET)

McKoon Funeral Home
38 Jackson Street
Newnan, GA 30263
(770) 253-4580
care@mckoon.com

Service

NOV **18**. 10:00 AM (ET)

Georgia National Cemetery
1080 Scott Hudgens Drive
Canton, GA 30114

Tribute Wall

SW

“ *my deepest condolences. I worked with Karen a Piedmont. She was such a loving and kind hearted person. She will be missed.* ”



Semone W. - November 15, 2019 at 03:32 PM

UI

“ *Condolences from cousins Rebecca & husband Tim Swords; Deborah & husband John Caras; Miriam & husband Glenn Kisch; & Uncle Isaac* ”

Uncle Isaac - November 13, 2019 at 04:54 PM

KH

“ *Karen Hubbard lit a candle in memory of Karen Elaine Helms* ”



Karen Hubbard - November 11, 2019 at 02:30 PM

AL

“ *Karen was such an incredible storyteller. She knew how to make stories come to life! I loved being around her and her daughters. She had a patience and sense of humor that was contagious. I will always remember the adventures in DC with Laura & Karen in 2008! I am eternally grateful to this incredible woman for bringing Laura and Paula into this world. ❤️* ”

Annabelle Levy - November 10, 2019 at 08:29 PM

NC

“ *Newnan Veterans Clinic lit a candle in memory of Karen Elaine Helms*



Newnan Veterans Clinic - November 10, 2019 at 04:52 PM

JA

“ *I worked with Karen at Piedmont Newnan and liked her very much. She was a good person as well as a good nurse. So sorry for your loss*

Julianna Ansah - November 10, 2019 at 01:15 PM

CM

“ *Carolyn McCarley sent a virtual gift in memory of Karen Elaine Helms*



Carolyn McCarley - November 10, 2019 at 12:06 PM

CM

I was so glad to have known you from our Newnan Hospital days. You fought the a long hard battle. Please watch over all of us from heaven. You will be missed..

Carolyn McCarley - November 10, 2019 at 12:05 PM

LR

SO SORRY TO HEAR OF KAREN'S PASSING, SHE FOUGHT A GOOD FIGHT, SHE FINISHED THE COURSE, NOW SHE WILL GO FROM LABOR TO REWARD! A VERY SWEET PERSON, A WONDERFUL NURSE! WILL MISS YOU A LOT! LINDA RAGLAND, RN (PIEDMONT NEWNAN HOSPITAL CO-WORKER

LINDA RAGLAND - November 11, 2019 at 08:47 AM